

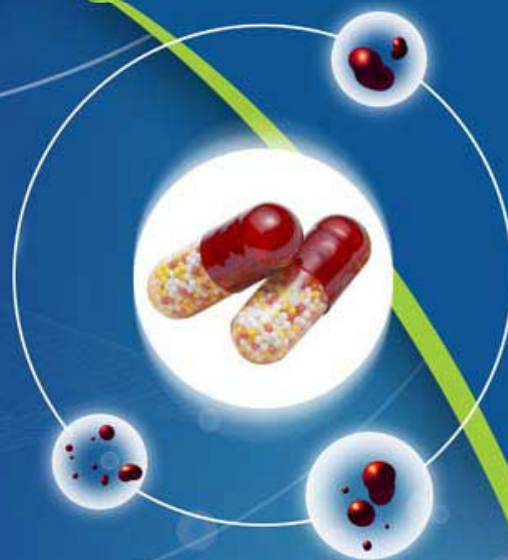


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Research Article

**MOLECULAR MECHANISMS AND NEUROPATHIC PAIN
OCCURRING DUE TO DIABETIC CONDITION**

**Gursimranpreet Singh, Ankit Dhir, Manveen Bhardwaj, Neha
machhan, R.D.Budhiraja, Saurabh Sharma.**

Department of Pharmacology, ISF College of pharmacy, Moga, India

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ABSTRACT

This review is focussed on the various pathways which are involved in the neuropathic pain which mainly arises due to diabetic condition, like Polyol pathway, AGE pathway, hexosamine pathway etc. also the various mediators of pain are discussed understanding of which is useful in detailed study of neuropathic pain, like interleukins, cytokines, macrophages etc. All these processes involved lead to the painful neuropathic condition.

INTRODUCTION

Neuropathic pain is defined as “pain arising as a direct consequence of a lesion or disease affecting the somatosensory nervous system” [1]. Diabetic neuropathy is a descriptive term that encompasses spectrum of clinical and subclinical syndromes with various anatomical distributions, clinical courses, and possibly several underlying pathogenic mechanisms. It has been estimated that by the year 2030 the total number of effected patients by diabetes mellitus will stand at 350 million. [2]. Micro and macrofunctional abnormalities are associated with both type 1 and type 2 diabetes, and these complication include retinopathy, nephropathy, painful neuropathy and cardiomyopathy. [3].

Painful diabetic neuropathy is mainly due to presence of chronic state of diabetes. In diabetic peripheral neuropathy, both myelinated and unmyelinated nerves are damaged; the most affected being the longest axon, these damaged nerves often results into abnormal pain perception and produce the sensory symptoms [4]

Various mechanisms has been thought to be involved in the development of painful diabetic neuropathy, these include oxidative stress [5], formation of advanced Glycation end-product (AGE) [6], increased flux through the Polyol pathway [7], myoinositol depletion and reduction in Na^+/K^+ ATPase activity, deficits in neurotrophism neurotrophin-3 And insulin-like growth factor as well as alterations in Axonal transport (kuwabara and misawa, 2008) and PARP over-activation [8]. In addition to this, altered Sensory processing in the spinal cord may contribute to the development of diabetic Neuropathic pain [9].

**For Correspondence:
Gursimranpreet Singh
Department of pharmacology
I.S.F. College of Pharmacy, Moga, Punjab*

Advanced Glycation End-products (AGEs) Pathway and PDN

Long standing hyperglycaemia has been reported to be involved in the formation of advanced glycation end-products [10-11]. AGEs are heterogeneous modified intracellular and extracellular bio-molecules formed via a non-enzymatic reaction between reducing sugars and amine residues on proteins, lipids, or nucleic acids [12]. Extracellular protein AGEs include Plasma and matrix proteins that disrupt cellular adhesion and activate the receptor for AGEs (RAGE) [13]. Activation of RAGE or AGE-RAGE interaction induces oxidative stress (Yamagishi, 2009), PKC [14] and the transcription of nuclear factor kappa B (NF- κ B) [15]. The promoter region of RAGE contains functional binding elements for NF- κ B, and one consequence of NF- κ B translocation is the up-regulation of RAGE itself. NF- κ B is a pleiotrophic gene regulator that regulates genes involved in promoting inflammatory reactions and neuronal dysfunction. Diabetic mice lacking RAGE showed significant improvement in PDN and diminished expression of NF- κ B and PKC as compared to wild type diabetic [10]. Collectively, the biochemical damage induced by AGEs results in increase ROS, impaired nerve blood flow and diminished neurotrophic support contributes to neuronal injury [13-16]. A growing body of data demonstrate that AGEs are intimately involved in the pathophysiology of cardiovascular disease by stimulating inflammation, contributing to atheroma formation, and modulating vascular stiffness [17].

Polyol Pathway and PDN

Increased flux, through the polyol-pathway leading to multiple biochemical abnormalities in the diabetic nerve, is thought to play a significant role in the pathogenesis of diabetic neuropathy [18]. In polyol pathway, glucose is

converted into sorbitol by aldose reductase (AR) and sorbitol dehydrogenase oxidises sorbitol to fructose. Nicotinamideadenosine dihydrogen phosphate (NADPH) is consumed by aldose reductase-mediated reduction of glucose to sorbitol [19] and NADPH is required for regeneration of antioxidant enzyme glutathione (GSH), thus deficient amount of glutathione contributes to oxidative stress. Moreover conversion Of glucose to sorbitol induces osmotic stress, and to restore osmotic equilibrium to cell, other osmolytes particularly taurine and myo-inositol are effluxes from cells, depletion of taurine and myo-inositol in nerve cells are implicated in PDN. [20] and supplementation of taurine and myoinositol prevented neuropathic deficits [20]. On the other hand, Excess formation of fructose in polyol pathway promotes advanced glycation end-product as well as depletes NADPH, further augmenting reactive Reactive oxygen species (ROS) mediated damage of cellular protein, lipid and neuron [21].

Aldose-reductase inhibitors (ARI), block the increased activity of aldose reductase, the rate-limiting enzyme that converts glucose to sorbitol [22], reduces sorbitol level implicated in PDN [18]. Transgenic mice over-expressing aldose reductase in Schwann cells shown severe nerve conduction velocity deficit and oxidative stress under hyperglycaemic stress. On the contrary, aldose reductase deficiency or inhibitors improves nerve conduction velocity deficits, wallerian degeneration and nerve regeneration in diabetic animals [7]. The first trials of ARIs in diabetic neuropathy were carried out 20 years ago and offer attractive therapeutic option to treat PDN [22]. Later on, various compounds have been evaluated such as alrestatin. Sorbinil, ponalrestat, tolrestat, epalrestat, zopolrestat and zenarestat for the treatment of PDN [23, 24]. However, clinical trials with ARIs discomfited and shown lack of efficacy and potential toxicity.

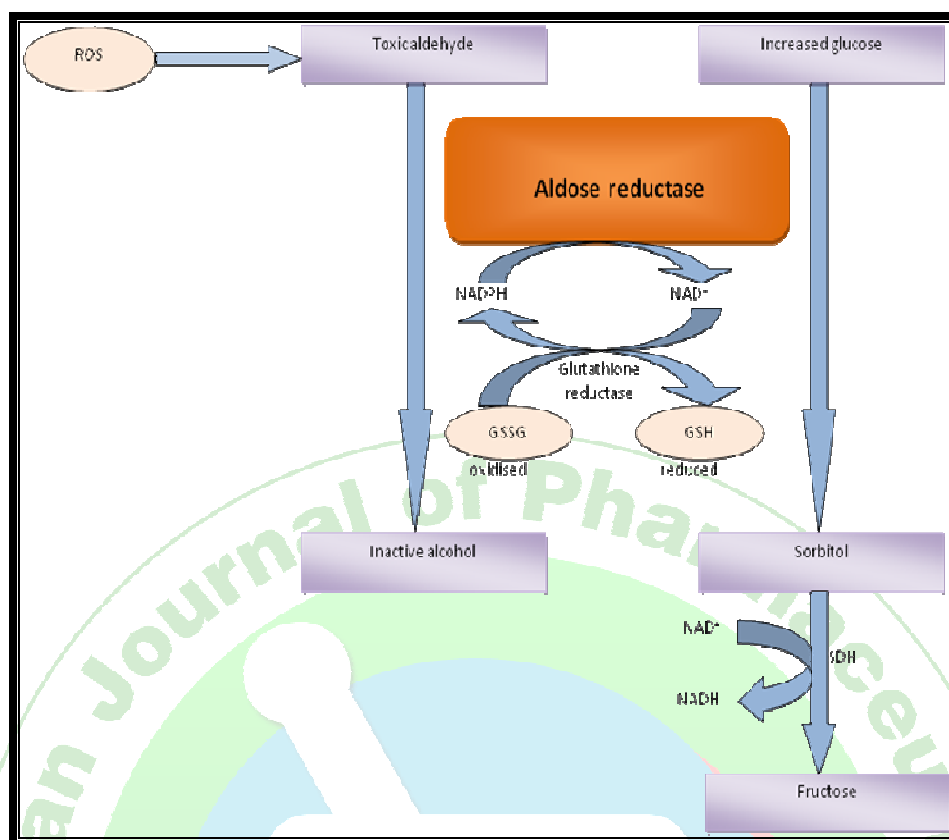


Fig 1: Hyperglycaemia Increases Flux through Polyol Pathway

Hexosamine-Pathway and PDN

Hexosamine pathway is activated when excess metabolite of glycolysis accumulated and was implicated in diabetes- induced oxidative stress and complications. Fructose-6 phosphate is a metabolic intermediate of glycolysis. However, during glucose metabolism some fructose-6 phosphate is shunted from the glycolytic pathway to the hexosamine pathway and is converted to glucosamine-6 phosphate by glutamine fructose-6 phosphate amidotransferase (GFAT) [19]. The end-product of this pathway, UDP-N acetylglucosamine (UDP-GlcNAc), is a substrate for the glycation of important intracellular factors including transcription factor, thereby affecting the expression of many genes including plasminogen activator inhibitor (PA-1) and transforming growth factors (TGF) and leads to diabetic micro -vascular complications, Inhibition of GFAT block the transcription of TGF and PA-I and are beneficial in PDN [19]. In addition, the hexosamine biosynthesis inhibitor azaserine prevents endothelial

inflammation and dysfunction under hyperglycemic condition through antioxidant effects [25].

Mitogen-activated protein kinase (MAPK) and PDN

MAPKs play an instrumental role in the transmission of signals from cell surface receptors and of environmental cues to the transcriptional machinery. MAPKs are activated in response to extracellular stimuli through dual phosphorylation at conserved threonine and tyrosine residues (serine/threonine specific kinases). In vertebrates, at least three such pathways have been identified; these activate different MAP kinase classes known as extracellular signal-related kinase (ERK), c-Jun N-terminal kinase (JNK) and p38. MAPKs have key roles in cellular proliferation, differentiation, and apoptosis. Previous studies indicated that ERK1/2 had an opposite role to JNK and p38 in neuronal survival; ERK1/2 promotes neuronal survival, whereas JNK/p38 brings the neuronal cell to apoptosis. However, it is

controversial whether even JNK/p38 induces neuronal cells to apoptosis or to survival. Three major hypothetic pathways in the pathogenesis of diabetic complications including enhanced sorbitol pathway, non-enzymatic glycation of increased oxidative stress may contribute to activation of MAPK, leading to tissue dysfunction through the phosphorylation of transcription factors. In addition, PKC, which has been shown to be a potent candidate for diabetic complications is able to activate MAPK. thus, MAPK may act as a single transducer and trigger all the cellular events in the development of diabetic complications, including neuropathy, possibly in part by affecting nerve regenerative capacity

Poly (ADP-ribose) polymerase pathway

PARP found in Schwann, endothelial cells, and sensory neurons is also implicated in glucotoxicity. PARP is a nuclear enzyme closely associated with oxidative–nitrosative stress: free radicals and oxidants stimulate PARP activation. Recent evidence also suggests that the two act in concert: PARP both causes and is activated by oxidative stress. PARP acts by cleaving nicotinamide adenine dinucleotide (NAD⁺) to nicotinamide and ADP-ribose residues attached to nuclear proteins. The results of this process include NAD⁺ depletion, changes in gene transcription and expression, increased free radical and oxidant concentration, and diversion of glycolytic intermediates to other pathogenic pathways such as PKC and AGE formation [26]. PARP inhibitors such as 1,5-isoquinolinediol and 3-aminobenzamide have successfully improved these PARP-mediated dysfunctions in STZ-induced diabetic rats. Additionally, Nicotinamide (vitamin B3) has been shown to act as both a PARP inhibitor and antioxidant in rodents, improving the complications of early diabetic peripheral neuropathy.

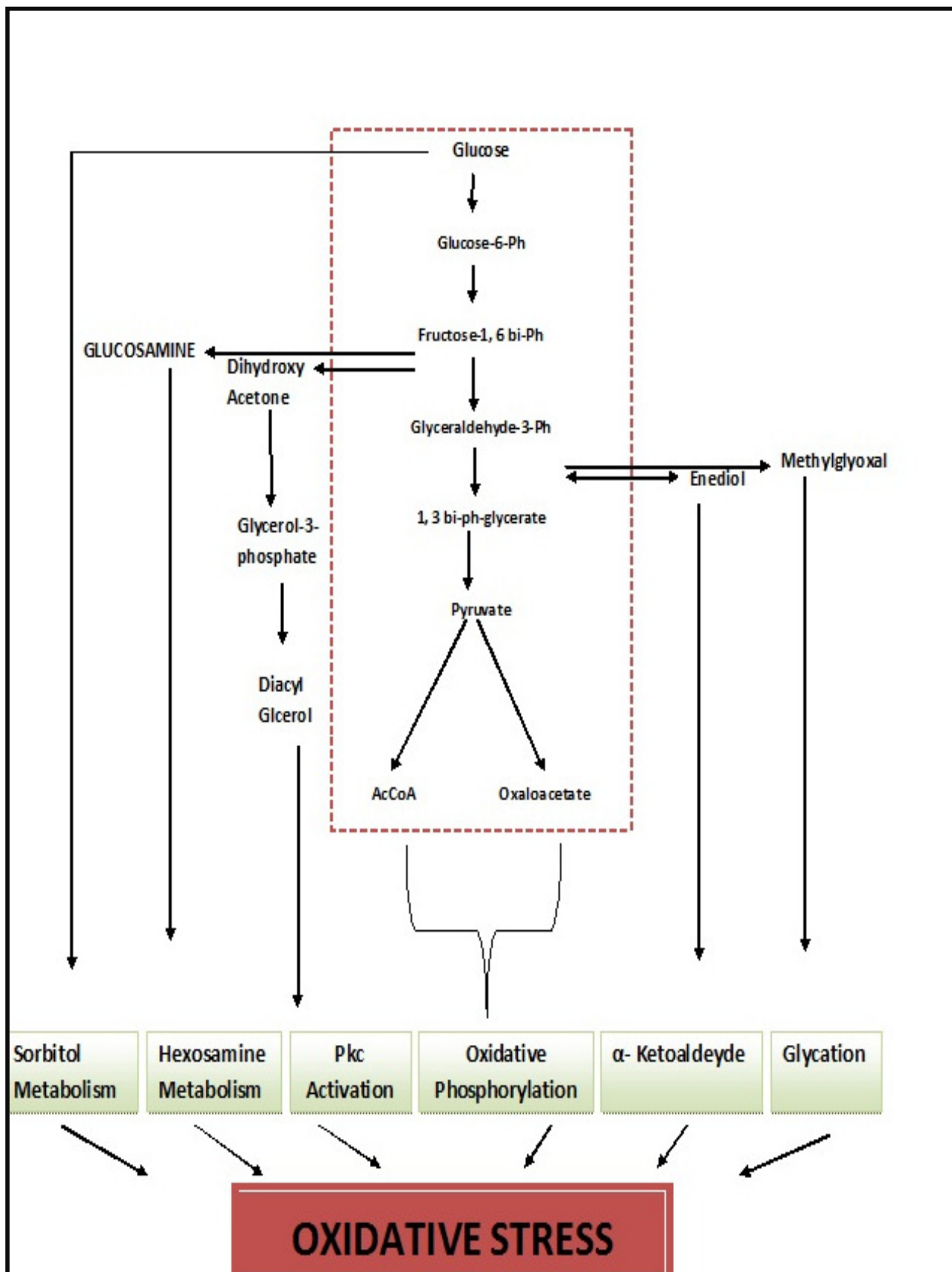
Protein kinase - C pathway

The protein kinase C (PKC) pathway is an additional mechanism by which

hyperglycemia causes injury in complications-prone tissues. Elevated glucose levels stimulate diacylglycerol (DAG), which in turn activates PKC. Increased production of the PKC PKC- β -isoform in particular has been implicated in overexpression of the angiogenic protein vascular endothelial growth factor (VEGF), PAI-1, NF- κ B, TGF- β and the development of diabetic complications such as retinopathy, nephropathy, and cardiovascular disease. Ruboxistaurin is a PKC- β competitive inhibitor that has effectively managed many complications of diabetes in clinical trials. It has been particularly successful in reducing the progression of diabetic retinopathy, endothelial vasodilation, and (to a lesser extent) nephropathy

OXIDATIVE STRESS AND DNP

Oxygen free radicals (ROS) at the site of injury result from several sources including activated neutrophils and mitochondria. Free radicals then proceed to damage many cellular components including phospholipids. A containing cellular membranes, which are converted to malanodialdehyde (MDA) by lipid peroxidation. ROS include free radicals such as superoxide ($\bullet\text{O}_2^-$), hydroxyl ($\bullet\text{OH}$), peroxy ($\bullet\text{RO}_2$), hydroperoxyl (HRO_2^-) as well as nonradical species such as perchloric acid (HOC1). RNS include free radicals like nitric oxide ($\bullet\text{NO}$) and peroxynitrite (RONOO^-), nitrous oxide (HNO_2) and alkyl peroxynitrates ($\text{RONOO}\bullet$). Of these reactive molecules, $\bullet\text{O}_2^-$, $\bullet\text{NO}$ and ONOO^- are the most widely studied species and play important roles [27] in the development and maintenance of NP. Chronic hyperglycaemia causes oxidative stress in tissues prone to complications in patients with diabetes. ROS cause metabolic changes [26], impaired neurotrophic support abnormal sensation, and pain [28], as well as morphological abnormalities characteristic for peripheral DN. Under normal conditions, ROS is cleared from cells by the action of superoxide dismutase (SOD), catalase or glutathione, as well as antioxidant vitamin C and E.



Others mediators affecting diabetic neuropathic pain

Cytokines and Np

Mainly two kinds of cytokines are present: pro-inflammatory such as IL-1 β , IL-6 and TNF, while others such as IL-4 and IL-10 are anti-inflammatory. These pro-inflammatory cytokines contribute to the genesis of neuropathic pain [29,30]. These cytokines are also induced in the CNS by activation of non-neuronal cells such as microglial cell following nerve injury. The algescic effects of pro-inflammatory cytokines are often indirect, so that they may not act directly on the nociceptor but they induce the expression of agents (such as PGE2 and NO) that themselves sensitize nociceptors [31].

Interleukin-1 β and Np

IL-1 is implicated in neuropathic pain since both IL-1 α and IL-1 β are up regulated within hours following peripheral nerve injury. The immediate release of IL-1 β at the injury site appears to be mediated via the calcium sensitive protein, calpain, which is activated by calcium influx following nerve injury. Different molecular pathways are responsible for IL-1 β regulation at different time-points following peripheral nerve injury [32]. treatment with the non-selective glial inhibitor, propentofylline and minocycline completely reversed stimulation evoked IL-1 β efflux, as well as normalising pain hypersensitivity, indicating the involvement of glial cell in pain hypersensitivity [32].

Tumour Necrosis Factor- α and Np

TNF is known as a major pro-inflammatory cytokine with the ability to induce a cascade of additional cytokine production and has been associated with both the immediate and ongoing stages of chronic neuropathic pain. , peripheral nerve injury is associated with a rapid immune response characterised by endogenous TNF release from Schwann cells, resident macrophages and mast cells [33]. Increased expression of TNF receptors has also been reported on primary afferent fibres in the dorsal horn, as well as spinal glia. Binding of TNF to its receptors in DRGs and

in spinal dorsal horn activates nuclear factor-kappa B (NF- κ B), which in turn induces transcription of genes encoding pro-inflammatory cytokines and therefore, plays a role in pain facilitation [34].

Growth Factors

Growth factors promote the growth and survival of neurons and direct neurite outgrowth . Given that diabetic neuropathy is characterized by neuronal degeneration and damage to supporting Schwann cells, perturbations in growth factors such as nerve growth factor (NGF), insulin-like growth factor (IGF), and neurotrophin 3 (NT-3) have been suggested to be involved in the pathogenesis of diabetic neuropathy. These factors bind to heterodimeric tyrosine kinase receptors. Expression levels of multiple growth factors are altered in animal models of DPN. NGF is the most studied growth factor in diabetic neuropathy. NGF is produced by muscle and keratinocytes, and its trkA receptor is expressed on sensory and sympathetic neurons. Insulin like growth factors have been reported to be reduced in some animal models of diabetes, although this varies and may be dependent upon the model, type of diabetes, and tissue examined. A number of preclinical studies in diabetic rats suggest systemic or intrathecal IGF therapy can improve neuropathy [15].

Nerve Growth Factor (Ngf) and Np

Neurotrophic factors regulate the long-term survival, growth or differentiated function of discrete populations of neurons. The prototypical neurotrophin is NGF. Critical evidence for a role of NGF in pain production was the identification of a mutation in the gene encoding trkA. This mutation in trkA leads to congenital insensitivity to pain by disrupting NGF signalling and demonstrates its importance for normal nociceptive functioning. The role of NGF in pain signalling is now well understood. Small doses of NGF produce pain and hyperalgesia in adult animals and humans. In rodents, thermal and mechanical hyperalgesia develop after systemic NGF administration . NGF produces sensitization of nociceptors both directly (after activation of trkA on

nociceptors) and indirectly, mediated via other peripheral cell types. The direct mechanisms involve both altered gene expression and posttranslational regulation of receptors and ion channels, including TRPV1 and tetrodotoxin-resistant Na⁺ channels [35]. Indeed, NGF over expressing mice display a marked hypersensitivity to both mechanical and thermal stimuli after CCI, suggesting that excess NGF may enhance neuropathic pain behaviours. Several groups have therefore tested the use of anti-NGF treatment in models of neuropathic pain. Anti-NGF antibodies are able to delay the development of neuropathic pain behaviours after both CCI and SNL.

Tumour Necrosis Factor- α and Np

TNF is known as a major pro-inflammatory cytokine with the ability to induce a cascade of additional cytokine production and has been associated with both the immediate and ongoing stages of chronic neuropathic pain. In naive animals, topical application of TNF to the sciatic nerve and DRGs leads to changes in the properties of neurons, such as ectopic firing in A δ -, A β -, and C-fibres [35], and lowering of mechanical thresholds required to activate C-fibres [36]. Moreover, electrophysiological changes resulting from TNF application are associated with induction of thermal hyperalgesia and mechanical allodynia [37, 38]. Moreover, peripheral nerve injury is associated with a rapid immune response characterised by endogenous TNF release from Schwann cells, resident macrophages and mast cells [33]. Increased expression of TNF receptors has also been reported on primary afferent fibres in the dorsal horn, as well as spinal glia. Binding of TNF to its receptors in DRGs and in spinal dorsal horn activates nuclear factor-kappa B (NF- κ B), which in turn induces transcription of genes encoding pro-inflammatory cytokines and therefore, plays a role in pain facilitation [39].

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Chemokines, Insulin Like Growth Factor And Np

Chemokines are small chemotactic cytokines that are important for leukocyte migration and recruitment to sites of nerve injury. In the CNS, different types of cells have been identified as sources of chemokines, including microglia, astrocytes, neurons and endothelial cells [41]. Except for CX3CL1 (fractalkine) and CXCL12, which are principally expressed by neurons and astrocytes, respectively. Most chemokines are not constitutively expressed but can be induced during diverse neurodegenerative disease conditions [41]. Chemokines have been shown to contribute directly to nociception by producing excitatory effects on DRG neurons, induce allodynia after intraplantar injection in rats as well as activating spinal glial cells leading to pain hypersensitivity.

NF-κB and NP

NF-κB is a pleiotropic activator that participates in the induction of a wide variety of cellular genes. Another inflammatory enzyme regulated by NF-κB is inducible nitric oxide synthase (iNOS) [42]. Like COX-2, iNOS both induces and is induced by NF-κB, leading to a vicious cycle of inflammation [43, 42]. The NO generated by iNOS directly modulates the blood supply to nerves and participates in micro vascular changes following injury. NO has direct role in axon and myelin breakdown following an injury and also contributes to the development of neuropathic pain. Excessive local levels of NO during inflammation may damage axons and growth cones. All of the inflammatory mechanisms in neuropathy appear to converge upon the activation of NF-κB. Because of chronic NF-κB activation, blood vessels and nerve cells are more susceptible to injury in ischemia reperfusion [44]. Subsequent to ischemia–reperfusion there is extensive infiltration of monocyte macrophages and modest infiltration of granulocytes in peripheral nerves [44].

Mast Cells and NP

Mast cells are generally considered to be critical effectors cells in allergic disorders and are also important initiators and effectors of innate immunity, and are resident in many tissues, including nerves [45]. Mast cells are degranulated at the site of a nerve lesion releasing mediators such as histamine, serotonin, proteases, prostaglandins and cytokines [45]. Neuronal histamine receptors are up regulated after a crush injury to the sciatic nerve. Several mast cell mediators have the ability to sensitise nociceptors, including histamine and tumour necrosis factor-α (TNF) resulting in increased firing rates; whilst serotonin can elicit hyperalgesia by direct activation of nociceptors [29]. These studies suggest that activated mast cells

contribute directly to neuropathic pain by releasing algogenic (bradykinin, prostaglandin) mediators after degranulation.

Neutrophils and NP

Neutrophils are found in high numbers close to the site of injury and participate in the very early stages following peripheral nerve injury, peaking at 24 h. Neutrophil recruitment is mediated by the release of chemoattractants, such as nerve growth factor-β (NGF-β), monocyte chemo-attractant protein-1 (MCP1) and leukotriene-B4 [46]. In addition, depletion of circulating neutrophils at the time of peripheral nerve injury significantly attenuated the induction of neuropathic hyperalgesia. Furthermore, blood-derived neutrophils obtained from injured nerve displaying hyperalgesia appear to be primed, having increased superoxide burst [47]. Activated neutrophils also release pro-inflammatory cytokines such as TNF, IL-1β, IL-2 and IL-6, capable of cellular toxicity and directly exciting neurons [38].

Macrophages and NP

Macrophages are large phagocytic leukocytes present in tissues act by phagocytosing the dead or dying remnants of injured schwann cells and axotomised axons. Besides a role in phagocytosis and regeneration of damaged nerves, macrophages are also implicated in pain-related behaviour. Macrophage depletion by pharmacological means led to reduced pain hypersensitivity in several models of neuropathy [48]. It reported that macrophage depletion did not relieve mechanical allodynia following neuropathy. Chemokines, which selectively attract or activate macrophages, such as IL-6, colony stimulating factor-1 (CSF-1) and MCP-1 [49] Macrophages after engulfment also secrete various mediator implicated in pain are ROS and many cytokines which plays potential role in hyperalgesia [29].

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