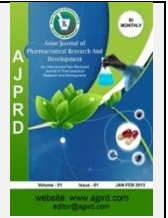


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Review Article

Pharmaceutical Carrier's for Topical Drug Delivery System

Prasanthi.D*, Sagarla Usharani, Naredla Bhashpitha

G. Pulla Reddy College of Pharmacy Osmania University Mehdiapatnam Hyderabad – 500028, Telangana, India.

ABSTRACT

Beginning with a revenue breakdown of this specific market, this study seeks to describe the intricate world of drug carriers. A quick introduction of various different types of traditional and cutting-edge drug carrier systems is provided in the section that follows. A variety of topical active substances, such as sunscreen ingredients, corticosteroids, and antibacterial, antifungal, and antiviral agents, can be delivered via foam technology. Ointments are semisolids used for external skin or mucous membrane treatment. Less than 20% of them often contain water and volatiles. Targeted medication delivery to and through the skin has a lot of potential using nano systems like micro emulsions and nano emulsions. By lowering surface and interfacial tension and increasing the viscosity of the aqueous phase, nanoemulgel improves a stable nano emulsion formulation. The various carrier types that the authors used in their formulation and conclusion have been added as a final effort for this work, highlighting the need to establish a strong double link between the newly developed industrial processes and the flexibility of medication delivery systems that is so desperately needed for use with people.

Key words: lotion, ointment, paste, spray, Nano particles, nano sponges, transferosomes

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*Address for Correspondence:

Dr. D. Prasanthi, Professor, Department of Pharmaceutics, G. Pulla Reddy College of Pharmacy, Mehdiapatnam, Hyderabad, Telangana- 500028, India.

INTRODUCTION

The body's biggest organ the skin, serves as the crucial link between the interior and external environments. As a result, it continuously shields the body from harmful stimuli like allergies, UV radiation, pathogens, and irritants. Its distinctive purpose and function are a direct result of the way it is made up, particularly the epidermis, which is the part that is most visible. Keratinocytes make up the majority of the epidermis cellular structure, but there are also langerhans cells, merkel cells, gamma delta T-lymphocytes, and melanocytes. The keratinocytes in the epidermis basal layer still have the capacity to grow upward to form the granular and spinous layers. The keratinocytes ultimately develop into corneocytes in the horny layer after crossing the granular layer. Corneocytes (compact) in the outermost region of the epidermis ⁽¹⁾.

The horny extract may be adversely affected by the damaging influence of certain of its surface components since the skin is continually exposed to numerous environmental stresses, particularly the harm produced by pollution and ultraviolet radiation (UV) ⁽²⁾. The direct absorption of radiation by cellular chromophores, the

creation of excited states and the ensuing chemical reactions, or even photosensitization mechanisms, in which UV light is absorbed by excited sensitizers and their reactions lead to the development of reactive oxygen species, are the driving forces behind the mechanisms taking part in the degradation processes that UV radiation promotes (ROS). Although the processes of polluting agents are not yet fully understood, they suggest that oxidative stress is among the primary mechanisms involved ⁽³⁾.

DOSAGE FORMS IN PHARMACEUTICALS

Gel

The term gel was first used to characterise specific semisolid materials in the late 1800s based on physiological characteristics rather than molecular makeup. Gels are a cross-linked network that is greatly diluted and does not flow in its steady state. They are composed of a two-part, mostly liquid, semi-solid structure. Existence of a continuous structure with solid-like properties is one of their distinctive features. Gels have taken over as the ideal substance for drug delivery formulations because of the integrated bioactive agent's biocompatibility, network structure, and

molecular stability. The majority of topical gels are created using organic polymers, such as carbomers, which give the products a beautiful, clear, sparkling appearance and allow them to be removed off the skin with ease using water.

The efficacy of a topical dermatological product is significantly influenced by the type of base utilised in its formulation. Bases containing significant amounts of oleaginous chemicals provide emollient characteristics to dry, irritated skin. For instance, on the skin, hydrocarbon bases can create an occlusive barrier that stops moisture from escaping into the air. More particular, this is possible with bases that contain non-volatile oleaginous chemicals⁽⁴⁾. As a result, the stratum corneum becomes hydrated as moisture accumulates between the skin and the ointment layer. Drug molecules are more able to travel through intra- and intercellular channels and routes as a result of the stratum corneum becoming more hydrated.

The medicine, which would otherwise be dispersed as tiny particles in the ointment base, also dissolves in the moisture layer. Skin occlusion typically leads to an increase in percutaneous drug absorption because only the dissolved substance applied to the skin will pass through the stratum corneum as a single molecular entity. The integrity of the gel is governed by the nature of the polymer-solvent affinity.

There are three different kinds of solvents, under the traditional gel theory:

1. A solvent that is both mobile and free.
2. A solvent-bound salvation layer, typically through hydrogen bonding, and
3. A solvent that has become entrapped inside the network structure.

The concentration of the polymer and the solvent affinity for the polymer define the proportions of the three solvent types in a particular gel. Gels are one of the more recent groups of dosage forms. They are made by trapping a lot of aqueous or alcohol-containing liquid in a web of colloidal solid particles. compared to ointments and creams, medication release from gel formulations is typically faster. These offer greater stability and patient acceptance.

Creams

Creams are semisolid dosage forms that have one or more pharmacological components dissolved or distributed in a suitable base. This term has historically been used to describe semisolids with a moderately soft, spreadable consistency that are either water-in-oil or oil-in-water prepared.

Hot-melt extrusion technology was used to create topical creams, and a factorial design research was used to examine how the processing variables affected the formulations final product qualities. Among the chosen process variables, only the zone 2 temperature had a statistically significant effect on how well the creams adhered to surfaces⁽⁵⁾. Screw speed did have a favorable effect on the yield stress and work of adhesion despite being statistically insignificant, however the change in screw arrangement only had a positive effect on globule size. The drug release from the formulations

followed a diffusion-based mechanism, and the release and permeation profiles for the formulations were comparable.

An ideal way to evaluate employing this technique would be to combine the hot-melt extrusion technology with a quality by design approach, as the technology is still being extensively researched in the area of topical semisolid manufacturing.

Through this research, when translating from a patient's perspective to ideal product features, one could then determine the crucial quality attributes. To achieve the goal of employing the quality by design approach, which would guarantee product quality at all times, extensive research would be done to identify how process parameters may be altered to continually generate a product that would feature optimum product qualities⁽⁶⁾.

Foams

Foams are emulsified systems with distributed gas bubbles that are typically in a liquid continuous phase and are packaged in pressurized containers or specific dispensing equipment. When dispensed, foams have a fluffy, semisolid consistency.

It has been suggested that a variety of topical active substances, such as sunscreen ingredients, corticosteroids, and antibacterial, antifungal, and antiviral agents, can be delivered via foam technology⁽⁷⁾. The real driver behind the topical foam industry's explosive growth is that foams, as elegant, beautiful, and cosmetically appealing vehicles, offer an alternative, promising formulation strategy in the fiercely competitive dermatological market, despite their distinct application advantages and improved patient compliance.

Lotions

While a solution can also be referred to as a lotion, most lotions are fluid, slightly viscous emulsion dosage forms intended for external application to the skin. Lotions share a lot of traits with creams.

Formulas for lotion preparation:

The ingredients were combined to create the lotion formulations. Basically, 20 ml of ethanol was used to dissolve 2 g of diclofenac diethyl amine, and this solution was then added to 20 mL of phosphate buffered saline that included 980 mg of carbomer. After mixing them for 30 minutes, a clear solution was produced. Permeation enhancers, PG were added to these solutions at different concentrations. Finally, ethanol was added to get the volume up to 100 ml. As a control, a lotion without enhancers was also created⁽⁸⁾.

Ointments

Ointments are semisolids used for external skin or mucous membrane treatment. Less than 20% of them often contain water and volatiles. In medicine from 3000 BC, ointments composed of animal, mineral, or plant extracts were frequently used in babylonia and ancient egypt. For instance, a sumerian clay tablet from 2100 BC describes a mixture for treating skin diseases that included ground up snake and bat excrement mixed with aqueous plant extracts and earths. In ancient egypt, skin diseases were treated with

topical medications that were anointed, wrapped, massaged, or applied to the skin.

Pastes

Pastes are semisolid medication delivery systems that frequently contain 50% or more of finely dispersed particles. A rigid consistency designed for topical use. Among these, one type uses a single-phase aqueous gel (e.g., Carboxy methylcellulose Sodium Paste, USP). The other category, fatty pastes, includes thick, stiff ointments that often do not flow at body temperature and act as protective coverings over the areas to which they are applied. An example of one such product is zinc oxide paste, USP.

Powders

For external (or internal) application, powders are solids or mixtures of solids in a dry, finely divided form. Open fracture wounds are more likely to become infected because they are exposed to contaminated environments. The primary predictors of a poor outcome in patients who have experienced traumatic injury include major complications like infections, which are known to complicate recovery, increase morbidity, and in rare instances even cause mortality. The use of systemic antibiotic powder and thorough wound debridement are the current cornerstones for preventing infection in open fractures.

Sprays

The creation of solution droplets containing dissolved medicine for application to the skin or mucous membranes results in the creation of sprays. The droplets may be created in a number of ways, but they are often produced when a liquid is forced through a nozzle assembly that has been particularly made. Metered-dose topical transdermal spray, which disperses an exact amount of solution or suspension, is an illustration of a spray dosage form.

Applied Aerosols

Products that are pressure-packed include topical aerosols. Upon activation of the proper valve system, the active chemicals are released as fine liquid droplets or fine powder particles. Metered-dosage aerosols are a unique type that deliver a precise volume (dose) with each actuation.

Current Solutions

Topical solutions are liquid formulations that are typically aqueous but frequently include additional solvents like alcohol and polyols that have one or more dissolved substances.

Surface Suspensions

Topical suspensions are liquid solutions that have solid particles distributed in them and are meant to be applied topically. Some suspensions have "Lotions" labels.

NOVEL CARRIERS

Liposomes:

Antigens including proteins or peptides have frequently been transported using novel carriers. But the delivery of these pricey compounds is mostly hampered by their poor encapsulation efficiency. In the current study, we created a

novel drug delivery system called the liposomes in situ gelling system (LIGS) using biodegradable polymers for nasal mucosal immunization against Hepatitis B in order to induce cellular, humoral, and mucosal immunity.

Liposome characterization:

The average diameter of the liposomal vesicles was determined at 25 °C using a Zetasizer (Nano ZS 90, Malvern, UK) by diluting the liposomal dispersion to the required volume with ultrapure water. The same device was used to measure the different vesicular formulations in direct vesicle surface charge in the ultrapure water. At room temperature, samples were prepared for transmission electron microscopy (TEM) using the traditional negative staining procedure with 0.2% phosphotungstic acid. Using a transmission electron microscope, samples were examined (Philips Morgagni, Netherlands). The micro biocinchoninic acid assay was used to measure the protein antigen concentration. The control was a formulation of placebo liposomes⁽⁹⁾.

Nanoparticles

Topical treatment using nanoparticles

For more than ten years, different biomedical applications of nanoparticles also known as nanocarriers—have been studied. In comparison to other medication delivery methods, using nanoscale particles generally has a number of benefits.

They can be used to:

- i. increase the solubility of highly hydrophobic drugs;
- ii. deliver sustained and controlled release of encapsulated drugs;
- iii. increase the stability of therapeutic agents through chemical or physical means;
- iv. deliver higher concentrations of drugs to target areas due to an Enhanced Permeation and Retention (EPR) effect; and
- v. provide targeted treatments when modified with cell-specific ligands.

Analysis of skin penetration by nanoparticles.

Nanoparticle-based therapeutic formulations may be made for drug retention on the skin surface with no penetration beyond, depending on the indication, or drug accumulation inside the various layers of the skin where the illness is situated, such as skin neoplasias. When using transdermal delivery for systemic circulation, the formulation and medicine must penetrate significantly deeper and enter the body's bloodstream in order to be retained for lengthy periods of time⁽¹⁰⁾.

Dermal medication delivery based on nanoparticles is appealing and non-invasive for the prevention or treatment of localised skin malignancies⁽¹¹⁾. Patients who are not candidates for surgery or highly intense non-specific systemic therapy would particularly benefit from this.

Nano emulsions

Targeted medication delivery to and through the skin has a lot of potential using nanosystems like microemulsions and nanoemulsions. ME and NE are stable water- and oil-based

colloidal systems that are particularly well suited for topical skin application. They are stabilised by a combination of cosurfactants and surfactants. To achieve the best bioavailability and least degree of skin irritation, there is a lot of room to experiment with the formulation's contents and qualities. This includes the incorporation of recognised chemical penetration enhancers in order to fluidize the stratum corneum lipid bilayers and reduce the primary skin barrier while increasing permeability.

Review of the process of skin transport through the stratum corneum and hair follicles with a special emphasis on the role of formulation. The nanoemulsion demonstrated appropriate characteristics as a carrier for topical application of *R. ferruginea* extract and the method for enhancing topical anti-inflammatory action. The enhancement of drug penetration via skin by nanoemulsion increases researchers' attention. Additionally, the formulation can include more medication when the particle size is tiny, which improves the formulation's thermodynamics toward the skin. Additionally, the medicine increased penetration into the skin is caused by affinity for partitioning.

The skin may be penetrated by nanoemulsion 9.9 times more effectively than by ordinary emulsion loaded with NR. Ethyl oleate and propylene glycol, two other components in the formulation, also work as permeability enhancers⁽¹²⁾. The barrier qualities of the stratum corneum, a 10 to 20 mm thick tissue layer with an excellently formed organised lipid/protein matrix, are the biggest hindrance to transdermal medication delivery.

Nanoemulgel

The production of nanoemulsion based on hydrogel, also known as the addition of nanoemulsion system intergraded into hydrogel matrix affects a greater skin penetration. Scientists have been studying a nanomulgel mixture in an effort to create a variety of medications that can treat various skin problems. Emulgel is an established form of formulation and is available on the market.

The formulation of the topical delivery system's nanoemulgel serves as drug reservoirs that control how quickly the medications are released from the inner phase to the outer phase and finally onto the skin. These release mechanisms are influenced by the crosslink density and the network polymer chains' composition.

Additionally, a drug's inclination to diffuse out from the vehicle and pass through a barrier affects a drug's capacity to penetrate the skin and successfully release a therapeutic agent. When nanoemulgel is applied to healthy skin, the oily droplets will be released from the gel network. Once inside the skin's stratum corneum, the oil droplets will carry the medication molecules directly, bypassing the hydrophilic phase of nanoemulsions⁽¹³⁾.

The benefits of nanoemulgel

By lowering surface and interfacial tension and increasing the viscosity of the aqueous phase, nanoemulgel improves a stable nanoemulsion formulation. In order to maintain the hydrogel's ability to gel, thickeners have been added. This improves the stability, penetration, and appropriate viscosity for the administration of topical drug-loaded nanoemulsion. By dispersing oily droplets across the gel network in the

Nanoemulgel system, the stability of the nanoemulsion is improved. These greasy droplets serve as medicine carriers, particularly for lipophilic medications. The drug's affinity to solubilize in the oil phase determines how stable pharmaceuticals put into the system will be. A good skin adhesion characteristic and a high solubilizing capacity were both reached using nanoemulgel⁽¹⁴⁾.

Nano sponges

Because nano sponges are water-soluble, water is not chemically broken down into its constituent molecules but rather the nano sponge particles are combined with water and employed as a carrier fluid. Compared to conventional medication delivery systems, nano sponges provide a number of benefits. Using polyvinyl alcohol as the surfactant and ethyl cellulose as the polymer, a nano sponge was made using the emulsion solvent diffusion technique. An optimized batch of nano sponges with high entrapment efficiency was employed to make the gel using Carbopol 940. The nano sponge system doesn't produce any mutations and isn't harmful, annoying, or allergenic. With its higher antifungal efficacy and endurance, nano sponge gel has a lot of potential as a local drug delivery strategy.

Nano sponges drug release mechanism is based on the fact that their atoms are open, allowing active substances to readily enter and exit the particles up until balance is established, enter the carrier. In the case of topical administration, the active ingredient already present in the carrier will be absorbed into the target tissue when the final product is given to it, depleting the carrier, making it unsaturated, and upsetting the equilibrium. Until the carrier dries down or is absorbed, the active material will be able to flow from the sponge particles into the carrier and from there to the target area. Even after that, the sponge fragments that are still on the tissue's surface will keep releasing the active ingredient to the tissue over time⁽¹⁵⁾.

Nano sponge are colloidal carriers that are so small that they can readily pass through skin. They can bind poorly-soluble medicines within the matrix and increase their bioavailability because of their small size and porous nature of medication and they also make less soluble medicines more soluble. The medications can be incorporated into the nano sponges and released at the target spot in a regulated and predictable manner. By lowering repeated doses and adverse effects, topical nano sponge can increase patient compliance and offer sufficient patient benefits. For the retention of the dosage form on the skin, nano sponge can be successfully incorporated into topical drug delivery systems⁽¹⁶⁾.

Transferosomes

The "transferosomes" a novel vesicular derivative, have made it possible to reduce the poor transdermal penetration of several low and high molecular weight medications⁽¹⁷⁾. This has been determined to be one of the key developments in vesicle technology. When compared to the pure drug suspension, the percentage inhibition of paw volume showed a pattern that was similar to the pharmacokinetic data, and the highest increases were obtained with the G4-NH2 and G4-OH formulations, respectively.

Dendrimers

Dendrimers are monodispersing molecules with well-defined length, shape, molecular weight, and molecular weight, and their reactivity is determined by their shells, chemical compositions of their cores, branching patterns, and surface functions. It is a mono-dispersed polymer with prongs that ranges in diameter from 5 to 50 nanometers and has unique topological and structural characteristics. The greatest carriers for biomolecules and small molecule medications are dendrimers due to their ability to adjust their characteristics to therapeutic needs. Numerous delivery methods, such as intravenous, oral, transdermal, pulmonary, and ophthalmic, are being studied for dendrimer inclusion.

Drug molecules can be loaded both inside the dendrimers and bonded to the surface groups as mentioned earlier thanks to the well-defined 3D structure and abundance of surface functional groups. By enclosing pills inside their dendritic structure or by connecting with pharmaceuticals at their terminal functional groups through electrostatic or covalent interactions to generate prodrugs, dendrimers can serve as drug carriers. Dendrimers are the finest carriers for biomedical applications such as drug delivery, gene transfection, and imaging due to their high degree of control over their structure, including length, shape, branching duration, density, and surface functionality⁽¹⁸⁾.

Carrier's Type	Drug Or Products		References
Liposomes	Naringenin	<p>A novel deformable liposome formulation containing naringenin contained in an aqueous gel was created, and its effectiveness at encapsulating, absorbing, and releasing the drug in vitro was thoroughly examined. This study found that liposomes are useful for both providing regulated release and increasing the bioavailability of naringenin. When compared to naringenin solution, aqueous gels release more naringenin.</p> <p>Naringenin release was further delayed by incorporation of liposomes into hydroxy ethylcellulose (HEC) and hydroxypropyl methylcellulose (HPMC) gels, by 23.21% 1.17% and 19.83% 1.50%, respectively. It has been shown that liposomes synthesised with Tween 20 suspended in either HEC or HPMC carriers are useful in the development of a controlled release formulation with potential for cutaneous medication delivery required to get past patient compliance issues and improve the effectiveness of skin cancer treatment. confirming that liposomes would be useful in new controlled-release formulations and could improve drug penetration across skin cells.</p>	19
Ethosomes	Gliclazide	<p>In order to compare ethosomes to hydroethanolic solution, three different doses of phospholipid (0.5, 1, 2% w/w) and ethanol (10, 20, 30% v/v) were used in the cold procedure to prepare ethosomes. They were assessed for entrapment effectiveness, vesicular form, size, and in-vitro investigations. Due to its optimal vesicle size, entrapment effectiveness, reduced turbidity, and maximal in-vitro release, the formulation F6 (ethanol 20% v/v and phospholipid (1% w/w)) was chosen as the best formulation. With carbopol 934 serving as the substrate, it was further integrated into gel. The highest in-vitro release from carbopol at a concentration of 1.5% w/w is 96.06 0.16% in a dialysis membrane and 79.67 0.35% in the case of mouse skin. The outcomes demonstrated that ethosomes have the potential to be a very safe and effective drug delivery system for transdermal drug delivery.</p>	20
Transferosomes	Clindamycin phosphate	<p>Six formulations were created using various amounts of soy phosphatidylcholine and span 80, and the effectiveness of the drug's entrapment and vesicle size was assessed. The improved batch of transfersomes was then added to the gel base and tested for pH, spreadability, drug content, measurement of viscosity, and in vitro diffusion study. The clindamycin batch that was optimised, which had a high EE% and tiny particle size. Additionally, the preparation of clindamycin as a transfersomal gel has the power to get through the skin's natural barriers and boost drug release.</p>	21
Nano	artemether	<p>The medication was dissolved in coconut oil and span 80 for the internal oil phase, and tween 80 and ethanol were dissolved in water for the</p>	22

emulsion		external oil phase, which was used to create the nano emulsion. Various factors, including%transmittance, refractive index, medication concentration, viscosity, zeta potential, and release rate, were used to optimize the formulations. On Wistar rats, in vivo tests of the created formulations were carried out. When compared to the plain drug, the release rate of the drug from the nano emulsion formulation was shown to be quite substantial (P 0.001). Pharmacokinetic tests revealed that the in vivo oral bioavailability of the nano emulsion formulation was 2.6-fold higher than the plain medication (40%). As a result, it was noted that nano emulsion demonstrated its potential as a viable alternative for enhancing artemether's bioavailability.	
Carbon Nanotubes	doxorubicin	Molecular modelling and dynamic light scattering were used to evaluate how ph variations affect the stability of the systems under study. Dynamic light scattering was used to analyze the variations in the hydrodynamic diameters of the produced fractions, and computer simulation techniques were used to verify them. The formulation's strong drug binding capability and pH-dependent release make it suitable for therapeutic use. This guarantees the drug'scontinued local effect.The findings show that the investigated complex satisfies the fundamental criteria for its prospective use as a drug carrier, thereby lowering side effects and increasing the pharmacological efficacy of medications.	2 23
Magnetic nanocarriers	oxaliplatin	Magnetically functionalized pectin nanocarriers, also known as MP-OHP nanocarriers,are used to encapsulate magnetite nanoparticles. superparamagnetic feature that is advantageous for applications involving tailored drug delivery. These pectin-based magnetic nanocarriers successfully encapsulated oxaliplatin with a respectably high encapsulation efficiency. According to the Korsemeyer-Peppas model, the drug release from the nanocarriers was sustained at pH 5.5 and 7.4 and was attributed to a mixed effect of diffusion and swelling regulated release mechanism. OHP was released over time from MP-OHP nanocarriers, which is why it had a 10 times greater cytotoxicity effect than free oxaliplatin even though its GI50 in pancreatic cancer cells was above 5 mg/mL. Additional research on animal models is required to confirm the potential use of MP-OHP nanocarriers as clinically useful magnetic nanocarriers for targeted cancer therapy.	24
Micro-emulsion	Felodipine	Using a bubble tensiometer, the stability of the oil-water interface of the microemulsion was investigated. The greatest microemulsion area was shown by the Smix at a 2:1 ratio and did not change when the medication was present. Based on transparency (>99%), dilution (stable after 100 times dilution with water), size (15.1 nm), dispersibility(gradeA), and thermodynamic stability investigations, the microemulsion batch coded Fe-O5-Smix45 (5% Capmul MCM and 45% Smix) was chosen. The microemulsion permeation increased significantly in the ex vivo intestinal permeability testing (74.1% after 1 hour compared to 16.9% after 1 hour) compared to the felodipine suspension. The in vivo pharmacokinetic parameters in the rat model supported the finding that the microemulsion improved oral bioavailability when compared to the felodipine suspension (relative bioavailability = 21.9).	25
Microspheres	Diclofenac sodium, Hydroxyl appetite (HAP)	Microspheres made of hydroxyl appetite (HAP) with a sphere morphology. This method was used to create microspheres with unusual sphere morphologies. It involved creating an o/w emulsion and then letting the solvent evaporate. The organic phase (Diclofenac sodium with 5% w/w of EVA and the proper amount of HAP) was first dispersed in the aqueous phase of the surfactant to create an o/w emulsion. The organic phase was distributed as teeny droplets that were encircled by surfactant molecules. This helped the droplets maintain their individuality by preventing co-solvencing.DCM was gently evaporating while being	26

		stirred, and the droplets individually solidified to form microspheres. Because they have the advantages of target specificity and improved patient compliance, microspheres have been found to be a superior choice of drug delivery system compared to many other kinds. It has a wide range of uses because they can be used to deliver medications as well as image tumours and detect biomolecular interactions, among other things. Microspheres will therefore be crucial to the development of the medical industry in the future.	
Dendrimers	Indomethacin	A linear rise in flow was observed with increasing concentrations of each of the three types of dendrimers in the transdermal distribution of aqueous formulations of the model drug indomethacin. The G4-NH2 dendrimer at 0.2% w/v concentration, which had an enhancement factor of 4.5 in comparison to the pure drug suspension, displayed the largest steady-state flow of the drug. The [AUC](0-24h) of the G4-NH2 (2.27 times) and G4-OH (1.95 times) formulations were both significantly greater than the pure drug, although the [AUC](0-24h) of the G-4.5 dendrimer formulation was only slightly higher. When compared to the pure drug suspension, the percentage inhibition of paw volume showed a pattern that was similar to the pharmacokinetic data, and the highest increases were obtained with the G4-NH2 and G4-OH formulations, respectively.	27
Nanostructured lipid carriers (NLCs)	Sertraline	<p>Particle size, polydispersity index (PDI), zeta-potential, encapsulation effectiveness, and physical shape were used to characterise the sertraline NLC formulation. The average diameter, PDI, zeta potential, and encapsulation efficiency for the NLC formulation were all 96.59 nm, 0.192, -39.88 mV, and 97%, respectively. By using the Emulsification Solvent Evaporation method, the stable Sertraline -NLCs were effectively created, and the nanosuspension was transformed into dry powder by lyophilization.</p> <p>The rate of the in-vitro drug release research improved for the sertraline -NLCs. The improvement can be linked to changes in the lipid's structure, as well as smaller particles and better, larger surface areas. Consequently, NLCs suspension will be a promising drug delivery strategy for enhancing the solubility and bioavailability of Sertraline when administered nasally to the brain.</p> <p>Due to their nano-size, the NLC formulation for sertraline encapsulation has been successfully developed and is appropriate for nose to brain delivery system.</p>	28

DISCUSSION

In their steady state, gels are a cross-linked network that is very diluted and does not flow. They have a two-part structure that is primarily liquid and semi-solid. Topical creams were produced using hot-melt extrusion technology, and a factorial design study was conducted to look at how the formulation's final product attributes were impacted by the processing factors. A variety of topical active substances, such as sunscreen ingredients, corticosteroids, and antibacterial, antifungal, and antiviral medications, can be administered via foam technology. Ointments are semisolids used externally on the skin or mucous membranes. Water and volatiles are frequently present in less than 20% of them. Nano systems like micro and nano emulsions have a lot of potential for targeted drug delivery to and through the skin.

CONCLUSION

Drug carriers are the most effective means of maintaining the stability of compounds during their release pattern. Researchers significantly improved these carriers in earlier decades by synthesising more complex materials that might develop into clever Nano vectors of active principles. Second generation carriers have also been developed in order to achieve a focused and selective release without causing undesirable side effects. On the surface of these carriers, peptides, polymer fragments, and antibodies have been introduced. The most popular routes for administering drugs to the body are topical, intranasal, oral, and sublingual. New release mechanisms have been discovered in order to activate the administration only when required and only in the defined locations.

Most drug carrier manufacturing procedures have been created particularly to produce one kind of "transporter" (plant for liposomes, plant for polymer particles, plant for polymer fibers, etc.). Nonetheless, it might be conceivable to create a flexible technique for the

creation of flexible carriers. This will guarantee the availability of a variety of medication carriers. Once this project is finished, other research projects with similar scientific goals will be able to be varied. Future goals must be formulated. These carriers will also gain from a deeper understanding of biology; this, along with enhanced and increasing cooperation among engineers, scientists, clinicians, and private businesses, will lead to the resolution of significant problems.

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